
Report To: Inverclyde Integration Joint Board **Date:** 29 March 2021

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Partnership **Report No:** IJB/14/2020/AM

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Subject: COMMISSIONING FOR RECOVERY

1.0 PURPOSE

- 1.1 The purpose of this report is to update the Inverclyde Integration Joint Board on the current test of change commissioned services in the Alcohol and Drug Partnership (ADP) and to approve plans for commissioning for recovery going forward.

2.0 SUMMARY

- 2.1 During 2020 / 2021 it was agreed that ADP funding would be used to commission three different tests of change that are all fundamental to underpinning recovery and developing recovery communities in Inverclyde.
- 2.2 In taking this decision, it was also recognised that Inverclyde ADP was supporting and building on the local third sector assets and capacity.
- 2.3 Your Voice was successful in securing the first tender. The focus of this funding was to employ a Recovery Development Coordinator to coordinate the development of recovery communities and develop peer volunteer mentors.
- 2.4 Moving On was successful in securing the second tender. The remit of this funding is to provide early intervention and work in partnership with the statutory Alcohol and Drug Recovery Services as part of a Recovery Orientated System of Care.
- 2.5 The third tender intended to provide a formalised Peer Support service. Unfortunately, following two attempts, there were no applicants for this funding. In light of this an alternative approach is being considered focusing on employability and meaningful activity.
- 2.6 Bearing in mind that the two successful tenders were implemented during 2020 in the midst of covid-19, Your Voice and Moving On adapted and demonstrated a high level of flexibility in ensuring safe service delivery.
- 2.7 Overall, good progress has been made in each test of change and there has been valuable learning for the ADP in going forward.

3.0 RECOMMENDATIONS

3.1 The Integration Joint Board is requested to:

- a. Note the progress made in each of the tests of change commissioned.
- b. Approve commissioning intentions of preparing a full tender for a recovery model.
- c. Note the new announcement of additional drug funding from the Scottish Government
- d. Approve the use of the Addictions Review Earmarked Reserve to fund the commissioning for recovery element of the Addictions Review in 2021/22 until formal confirmation of additional ADP funding has been received, noting that thereafter this cost will be baselined from the new ADP funding.

4.0 BACKGROUND

4.1 Two very different tests of change were commissioned by the ADP in 2020 to help build a strong recovery community in Inverclyde. The following is an update of each test of change.

4.2 Recovery Development Coordinator

4.3 The specification for this service included:

- Build the capacity of the local recovery community across the six HSCP localities e.g. fellowship groups, cafes etc.
- Support should reflect the local demographic e.g. age, gender.
- Appropriate recovery activities over 7 days and evening across Inverclyde.
- Establish no fewer than 30 peer volunteer mentors across Inverclyde.
- Support the development of a peer volunteer mentor support network across Inverclyde Alcohol and Drugs Partnership (ADP).
- Promote and support active participation in local community recovery activities including community-based recovery groups and volunteering opportunities.
- Recruiting peer volunteer mentors and providing them with induction, support, supervision and mentoring.
- Be responsible for the ongoing training, support and development of peer volunteer mentors in a voluntary role.
- Work with statutory and voluntary organisations to promote the role and activities of peer volunteer mentors.
- Establish and maintain professional working relationships with service users, recovery communities, local services, community groups and other stakeholders to be able to work as part of a multi-disciplinary team.
- Will be part of the recovery pathway framework and be an integral part of the Inverclyde Alcohol and Drug Recovery Service.

4.4 The Recovery Development Coordinator funding commenced on 1st April 2020 and is a twelve month contract. The specification for this tender has been revised and is currently in the procurement process.

4.5 Key achievements include:

- The development of a Lived Experience Network;
- 29 individuals were recruited as peer mentors;
- 24 people completed the peer mentor training;
- 13 people completed the PVG process;
- People with lived experience and peer mentors accessed a wide range of training;
- 120 people were referred to the project with the majority of whom received vital support during covid-19;
- People with lived experience and peer mentors were able to signpost people to other community supports as well as provide assertive outreach;
- Strong links were made with local Recovery Cafes;
- 5 active peer mentors currently providing wellbeing telephone support;
- 3 peer mentors are in paid employment.

4.6 The impact of covid-19 includes:

- 6 peer mentors had to step back to focus on their own recovery and health and wellbeing;
- 2 peer mentors stepped back to care for family members;
- 5 peer mentors stepped back as they found it difficult to support people remotely;

- 4 peer mentors did not engage following receiving the training.

4.7 Feedback from a peer mentor includes:

'I find volunteering as a peer mentor is a fulfilling role. It's good to feel that you are helping someone else, and sharing similar experiences helps to identify that we are not alone, and we can overcome and recover – power of example.'

4.8 **Early Intervention Service**

4.9 The specification for this service included:

- To provide enhanced early intervention and support to people in Inverclyde who meet the stability criteria to receive psycho-social support interventions from Moving On Inverclyde (MOI).
- To prepare people who wish to progress to engagement in the phased MOI programme.
- To work in partnership with the ADRS and other local services to ensure seamless service provision across partners.

4.10 Expected outcomes include:

- Improved emotional health and wellbeing
- Improved physical health and wellbeing
- Improved recovery skills and resilience
- Improved life skills
- Improved links with the local community and the wider resources available
- Readiness to engage in MOI 4-phase programme
- Engagement with other services

4.11 Two part time Early Intervention Workers commenced post on 1st October 2020 and attend twice weekly ADRS allocation meetings to discuss suitable referrals. A variation letter is being prepared to extend this contract until 31st March 2022.

4.12 As at 17th December 2020:

- Between 13/10/20 and 17/12/20, there were 131 people discussed;
- 24 resulted in referrals to Moving On (an average of 3 per week);
- 8 assessments completed;
- 11 assessments ongoing (awaiting paperwork from ADRS or assessment date);
- 5 could not be contacted;
- 1 decided not to access the service.

4.13 Progress and outcomes are charted through six-weekly progress reviews.

4.14 Covid-19 has had an impact, for example, in the ability to visit services for promotional and networking purposes as well as during lockdown offering telephone contact and zoom meetings.

4.15 ADP Funding

Scottish Government agreed a 3 year funding package for ADP which runs from 2018/19 to 2020/21. This amounted to £278k per annum for Inverclyde. The previously confirmed funding is now committed and unspent balances are being ring-fenced and carried forward to cover those commitments. In 2020/21 further funding linked to reducing drug deaths was announced which totalled £159.9k. Given recent Addictions reports and the associated Scottish Government focus on Addictions, it is anticipated that further funding packages will be confirmed over the coming months. While the value of these is not known, it is anticipated that they will as a minimum be in line with

the previous 3 year funding package.

5.0 GOING FORWARD

5.1 Overall learning from these tests of change to date is that there is a recognised need for each element and that there is an existing strong infrastructure in place to enable these tests of change to be implemented during covid-19. These tests of change are contributing towards our ambition of developing recovery communities.

5.2 The Scottish Government's strategy "Rights, Respect and Recovery" (2018) refers to the "No One Left Behind: Next Steps for the Integration and Alignment of Employability Support in Scotland" (2018). These reports recognise the need for integration and alignment of employability support, including the role for ADPs in developing stronger links with employability services.

5.3 Recovery Pathways

A third key element in building a strong recovery community is ensuring there are clear pathways to enable people to move on to. This may include volunteering, education and participating in the range of employability programmes and supports already available in our community. However, in order to help to break down any barriers in accessing these, there is a need for a navigator role to act as a bridge into these supports.

5.4 In going forward it is the intention to prepare a full tender to commission an overarching recovery model that will reflect the learning from the tests of change and will also include more specialist employability support. Preparatory work is already underway.

5.5 The ADP overall target would be to support 300 people in the various elements of recovery and this will require an up-scaling from the existing tests of change to a more comprehensive recovery model. The anticipated annual cost of this provision would be £250k which is it anticipated would be funded longer term from new ADP monies due to be announced shortly. In the meantime, rather than delaying until the new monies are confirmed, it is proposed to commission this service now for an initial 12 months with provision to extend. Funding for this first year would initially be through the IJB's Addictions Review Earmarked Reserve which would be replaced by the new monies once agreed. The Addictions Review EMR anticipated balance at 31/03/2021 is £250k.

6.0 IMPLICATIONS

FINANCE

6.1 Due to the high prevalence of addiction issues within Inverclyde HSCP there is an expectation that pending awards will come from the Scottish Government via the Alcohol and Drug Partnership. In order to commit to the expansion of the recovery element of the service £250k will be allocated from the Addictions Review EMR in order to start the process of commissioning a recovery service. Any future additional ADP funding awards will be used to offset this cost from the EMR and baseline this service for future years.

Cost Centre	Budget Heading	Budget Years	Proposed Spend this Report £000	Virement From	Other Comments
N/A					

Annually Recurring Costs / (Savings)

Cost Centre	Budget Heading	With Effect from	Annual Net Impact £000	Virement From	Other Comments
Additions Review EMR	Recovery Community	01.04.22	£250k		This would be a contribution towards the overall commissioning contract and is expected to be replaced by new ADP funding in 21/22

LEGAL

6.2 There are no specific legal implications arising from this report.

HUMAN RESOURCES

6.3 There are no specific human resources implications arising from this report.

EQUALITIES

6.4 Has an Equality Impact Assessment been carried out?

	YES
x	NO – This report does not introduce a new policy, function or strategy or recommend a change to an existing policy, function or strategy. Therefore, no Equality Impact Assessment is required.

6.4.1 How does this report address our Equality Outcomes?

Equalities Outcome	Implications
People, including individuals from the above protected characteristic groups, can access HSCP services.	Positive impact –It will ensure access and new pathways to services for all individuals
Discrimination faced by people covered by the protected characteristics across HSCP services is reduced if not eliminated.	Positive impact- It will ensure service users with alcohol and drug issues are not discriminated against
People with protected characteristics feel safe within their communities.	Positive impact- It will offer community support
HSCP staff understand that the needs of people with different protected characteristic and promote diversity in the work that they do.	Positive impact- Training needs procured to ensure staff are aware of their values and beliefs to ensure non-discrimination
Opportunities to support Learning Disability service users experiencing gender based violence are maximised.	None

Positive attitudes towards the resettled refugee community in Inverclyde are promoted.	Positive Impact –It will ensure people accessing support and Inverclyde communities are not discriminated against
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CLINICAL OR CARE GOVERNANCE IMPLICATIONS

6.5 There are clinical or care governance implications arising from this report.

6.6 NATIONAL WELLBEING OUTCOMES

How does this report support delivery of the National Wellbeing Outcomes?

National Wellbeing Outcome	Implications
People are able to look after and improve their own health and wellbeing and live in good health for longer.	Staff will provide a ROSC approach to ensure people have access to a range of local supports and promoting a Recovery focused ethos
People, including those with disabilities or long term conditions or who are frail are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community	Staff will provide a holistic approach, assessing the needs of the individual and referring to appropriate services
People who use health and social care services have positive experiences of those services, and have their dignity respected.	It aims to provide new pathways for people to improve engagement and Recovery
Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.	It will ensure people have access to an evidence based service which will meet their needs
Health and social care services contribute to reducing health inequalities.	It will ensure people have access to community supports
People who provide unpaid care are supported to look after their own health and wellbeing, including reducing any negative impact of their caring role on their own health and wellbeing.	The model will ensure responsive and flexibility to meet and accommodate the needs of the individual
People using health and social care services are safe from harm.	It will support the reduction in alcohol and drug use
People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide.	Staff will be encouraged to raise opinions and views on service improvements models via sub group discussions
Resources are used effectively in the provision of health and social care services.	It will ensure people get the right care, at the right time, in the right place and from the right service and profession.

7.0 DIRECTIONS

7.1

Direction Required to Council, Health Board or Both	Direction to:	
	1. No Direction Required	x
	2. Inverclyde Council	
	3. NHS Greater Glasgow & Clyde (GG&C)	
	4. Inverclyde Council and NHS GG&C	

8.0 CONSULTATION

8.1 The report has been prepared by the Chief Officer of Inverclyde Health and Social Care Partnership (HSCP) after due consideration with relevant senior officers in the HSCP.

9.0 BACKGROUND PAPERS

9.1 None